

pātañjala-yoga-sūtrāṇi

prathamah samādhi-pādaḥ

r rg r S
atha **yogānuśāsanam** || 1.1 ||

P M g M g MP dP
yogaś citta-vṛtti-nirodhaḥ || 1.2 ||

P d N d P
tadā draṣṭuḥ sva-rūpe 'vasthānam || 1.3 ||

P Mg r S
vṛtti-sārūpyam itaratra || 1.4 ||

S r g r S
vṛttayaḥ pañcatayaḥ kliṣṭākliṣṭāḥ || 1.5 ||

S 'N'd 'N S r g M P
pramāṇa-viparyaya-vikalpa-nidrā-smṛtayaḥ || 1.6 ||

P Mg M P M g r S
pratyakṣānumānāgamāḥ pramāṇāni || 1.7 ||

S P M Mg gM g gr r g r S
viparyayo mithyā-jñānam a-tad-rūpa-pratiṣṭham || 1.8 ||

S r g M P dP
śabda-jñānanupātī vastu-śūnyo vikalpaḥ || 1.9 ||

d P M g r S
abhāva-pratyayāmbanā vṛttir nidrā || 1.10 ||

'N'd 'N S r S
anubhūta-viśayāsampramoṣaḥ smṛtiḥ || 1.11 ||

P M g M P d P
abhyāsa-vairāgyābhyāṃ tan-nirodhaḥ || 1.12 ||

d P d P
tatra sthitau yatno 'bhyāsaḥ || 1.13 ||

S r g M P
sa tu dīrgha-kāla-nairantarya-satkārāsevito dṛḍha-bhūmiḥ || 1.14 ||

P dP d P d P M g r S
dṛṣṭānuśravika-viśaya-vitṛṣṇasya vaśī-kāra-saṃjñā vairāgyam ||1.15||

r S 'n r S 'n r S
tat-param puruṣa-khyāter guṇa-vaitṛṣṇyam || 1.16 ||

S g M P d P d Pg S g P dP
vitarka-vicārānandāsmitā-rūpānugamāt saṃprajñātaḥ || 1.17 ||

d P M g M g r S
virāma-pratyayābhyāsa-pūrvaḥ saṃskāra-śeṣo 'nyaḥ || 1.18 ||

S r g r S
bhava-pratyayo videha-prakṛti-layānām || 1.19 ||

P M g r S
śraddhā-vīrya-smṛti-samādhiprajñā-pūrvaka itareṣām || 1.20 ||

r g r S
tīvra-saṃvegānām āsannaḥ || 1.21 ||

'N 'd 'N S r g r S
mṛdu-madhyādhimātratvāt tato 'pi viśeṣaḥ || 1.22 ||

P M P d P
īśvara-praṇidhānād vā || 1.23 ||

P M g M P d P d P d P
kleśa-karma-vipākāśayair a-parā-mṛṣṭaḥ puruṣa-viśeṣa īśvaraḥ ||1.24||

S r g r S
tatra nir-ati-śayaṃ sarva-jñā-bījam || 1.25 ||

'N 'd 'N S r S
sa pūrveṣāṃ api guruḥ kālenānavacchedāt || 1.26 ||

P M P d P
tasya vācakaḥ praṇavaḥ || 1.27 ||

P M g r S
taj-japas tadārtha-bhāvanam || 1.28 ||

S r g r S
tataḥ pratyak-cetanādhi gamo 'py antarāyābhāvaś ca || 1.29 ||

P M g M P d P
vyādhi-styāna-saṃśaya-pramādālasyāvirati-

M g r S 'N S r g r g r S
bhrānti-darśanālabdha-bhūmikatvānavasthitatvāni

'N S r g r S
citta-vikṣepās te 'ntarāyāḥ || 1.30 ||

S r g M
duḥkha-daurmanasyāṅgam-ejayatva-śvāsa-praśvāsā

P d P
vikṣepa-sahabhavaḥ || 1.31 ||

P M g M P d P
tat-pratiṣedhārtham eka-tattvābhyāsaḥ || 1.32 ||

S g M P d P M g r S
maitrī-karuṇā-muditopekṣāṇāṃ sukha-duḥkha-puṇyāpuṇya-viṣayāṇāṃ

'N S r S r S
bhāvanātaś citta-prasādanam || 1.33 ||

P M g r S
pracchardana-vidhāraṇābhyāṃ vā prāṇasya || 1.34 ||

S r 'N S r S r g M P d P
viṣayavatī vā pravṛttir utpannā manasaḥ sthiti-nibandhanī || 1.35 ||

d P d P
viśokā vā jyotiṣmatī || 1.36 ||

P M g r S
vīta-rāga-viṣayaṃ vā cittam || 1.37 ||

r g r S
svapna-nidrā-jñānāmbanaṃ vā || 1.38 ||

'N 'd 'N S r S
yathābhīmata-dhyānād vā || 1.39 ||

P M g M P d P
paramāṇu-parama-mahattvānto 'sya vaśī-kāraḥ || 1.40 ||

S 'N S r g M
kṣīṇa-vṛtter abhijātasyeva maṇer

P d P M g M P d P M g r g r S
grahītr-grahaṇa-grāhyeṣu tat-stha-tad-añjanatā samāpattiḥ || 1.41 ||

S r g
tatra śabdārtha-jñāna-vikalpaiḥ

M P d P
saṃkīrṇā savitarkā samāpattiḥ || 1.42 ||

P M g
smṛti-pariśuddhau

M P d P M g r S
sva-rūpa-śūnyevārtha-mātra-nirbhāsā nirvitarkā || 1.43 ||

r g M P
etayaiva savicārā nirvicārā

d P M g r S
ca sūkṣma-viṣayā vyākhyātā || 1.44 ||

P M g M P d P
sūkṣma-viṣayatvaṃ cālīṅga-paryavasānam || 1.45 ||

P d P M g r S
tā eva sa-bījaḥ samādhiḥ || 1.46 ||

r g M g r S
nirvicāra-vaiśāradye 'dhyātma-prasādaḥ || 1.47 ||

'N'd 'NS r S
ṛtaṃ-bharā tatra prajñā || 1.48 ||

P M g M P d P M g r gr S
śrutānumāna-prajñābhyām anya-viṣayā viśeṣārthatvāt || 1.49 ||

S r g M P
tajjaḥ saṃskāro 'nya-saṃskāra-pratibandhī || 1.50 ||

P dN d P dP M g r S
tasyāpi nirodhe sarva-nirodhān nirbījaḥ samādhiḥ || 1.51 ||

r S 'N S rS
Oṃ tat sad iti śrīmat Pātañjalayogasūtreṣu pratamaḥ samādhipādaḥ ||